



**The Association of
Chartered Physiotherapists
in Occupational Health
and Ergonomics**

**Introduction to
Functional Measurement &
Fitness for Work Assessment**

2011

**Dates and location
to be confirmed**

ACPOHE Courses



Introduction to Functional Measurement & Fitness for Work Assessment

2011 dates TBC

Course Aims

This course aims to develop participant's knowledge about a range of functional measures, which can be used during Fitness for Work Assessments, to support clinical decision making. Participants will be introduced to a selection of valid tests that are available for use in occupational health and vocational rehabilitation to assess job related functional ability. The reliability, safety, sensitivity, validity and specificity of these outcome measures will be discussed, as well as the interpretation of results. Case studies will be used to illustrate the method of relating test selection to job demands. Considerations in report writing and recommendations will also be introduced.

Course Objectives

On completion of this 3 day course participants will be able to:

- Critically review the principles of selecting and interpreting functional measures to assess physical fitness for work
- Design an appropriate consent form for use prior to undertaking a functional measurement / fitness for work assessment
- Select, justify and apply an appropriate range of functional tests in relation to physical job demands.
- Select, justify and apply an appropriate range of pre-test questionnaires and tools to identify psychosocial risk factors for return to work.
- Critically analyse selected functional tests in terms of validity, safety, reliability, sensitivity and specificity.
- Apply a range of functional measurement methods through case study participation.

Course Facilitators

Tim Wright BSc (Physio) MCSP HPC MBA is co-director of Form Health one of the leading FCE providers in the UK. Form Health currently provide an array of vocational evaluation services namely Functional Capacity Evaluations, Job Demands Analysis and Ergonomic Assessments for the insurance and medico-legal sectors. Tim has undertaken more than 300 FCE's throughout the UK and Ireland.

Catherine Burke BSc MCSP Adv Cert OH has worked in Occupational Health since 1991. Her clinical work focuses on Fitness for Work Assessments and vocational rehabilitation planning. She manages the musculoskeletal service for a large police service and has worked with various other employers through her own business Physio Workwise.

Location: To be confirmed

Cost: £375 for ACPOHE members & £410 for non members

Closing Date: To be confirmed

BOOKING FORM

Introduction to Functional Measurement & Fitness for Work Assessment 2011 Dates to be confirmed



Name (on delegate badge):

Place of Work (on delegate badge):

Mailing Address:

Email Address:

Contact Telephone Day:

Contact Telephone Evening:

- I am currently a member of ACPOHE - cost of course is £375.
- I am not currently a member of ACPOHE - cost for course is £410 but this includes ACPOHE membership for the remainder of 2011.

NB: Please download a membership database questionnaire from the ACPOHE website — www.acpohe.org.uk, complete and send in with your course application. Once received you will be sent a membership card and given access to the private "MemberZone" of the ACPOHE website www.acpohe.org.uk

- I require information about accommodation close by the course venue.
- I have special dietary requirements.
Please specify (e.g. vegetarian, vegan, gluten free)

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- I will require other additional assistance.
Please specify (e.g. mobility, visual, auditory)

-
- Please therefore find enclosed a cheque made payable to ACPOHE for £375 as I am a member / £410 as I am not yet a member for 2011**

For further information please contact Catherine Burke / Tim Wright:

Email: info@physioworkwise.com / timwright@formhealth.com

Telephone: 07742 190797 / 07970 708614

Please send your application to:

Suzanne Sleeman
c/o ACPOHE Admin
Milligan and Hill
London EC3A 6DF

Further booking forms can be downloaded at ACPOHE's website — www.acpohe.org.uk. Once your application is received, you will receive further information and a receipt.