



**The Association of
Chartered Physiotherapists
in Occupational Health
and Ergonomics**

**Occupational Health—An
Introductory course for
Physiotherapists**

**26th-28th January 2011
Bury St Edmunds, Suffolk**

**28th-30th September 2011
Location TBC**

ACPOHE Courses



Occupational Health—

An Introduction for Physiotherapists

26th-28th January / 28th-30th September 2011

Course Aims:

To inform physiotherapists who are starting work in an Occupational Setting or undertaking work for business and industry from their own private practices of key issues and best practice in Occupational Health

Objectives:

On completion of this module a student will be able to

- Describe the roles of professionals who work in OH and the unique role of the physiotherapist in OH
- Discuss issues of confidentiality and consent related to occupational health physiotherapy practice with correct reference to underpinning legislation
- Critically analyse the work-relatedness of musculoskeletal disorders using epidemiological evidence
- Design a stepped care pathway for common conditions that is aligned to evidence based guidelines for low back pain and upper limb disorders
- Create a business case for OH physiotherapy to demonstrate service efficacy using 3 different methods: cost benefit, cost effectiveness and cost utility method
- Select and accurately use a range of clinical outcome measures in order to illustrate the clinical efficacy and health benefits of an OH service
- Design 3 return to work programmes with consideration given to temporary adjustments and grading and a provide a rationale for the nature of the recommended adjustments

Pre Course

Delegates should obtain copies of evidence based guidelines for low back pain and upper limb disorders and familiarise themselves with these documents, as this will be used but will not be covered in detail in this programme. (see attached sheet for details)

Presenters

Nicky Hunter
Amanda Jones

Location: January 2011—Bury St Edmunds, Suffolk
September 2011—To be confirmed

Cost: ACPOHE members £455 Non members £490 (This fee also includes 1 years membership of ACPOHE and the £80 fee for CSP accreditation), **ACPOHE membership runs from January to December.** (Fee includes course pack, lunch and refreshments). Please note that the accreditation fee is £80 for each submission.

Closing Date: 10th December 2010 / 12th August 2011

BOOKING FORM

Occupational Health— An Introduction for Physiotherapists 26th-28th January / 28th-30th September 2011



Name (on delegate badge):

Place of Work (on delegate badge):

Mailing Address:

Email Address:

Contact Telephone Day:

Contact Telephone Evening:

- I am currently a member of ACPOHE - cost of course is £455.
- I am not currently a member of ACPOHE - cost for course is £490 but this includes ACPOHE membership for 2010 .

NB: Please download a membership database questionnaire from the ACPOHE website — www.acpohe.org.uk, complete and send in with your course application. Once received you will be sent a membership card and given access to the private "MemberZone" of the ACPOHE website www.acpohe.org.uk

- I require information about accommodation close by the course venue.
 - I have special dietary requirements.
Please specify (e.g. vegetarian, vegan, gluten free)
-

- I will require other additional assistance.
Please specify (e.g. mobility, visual, auditory)
-

- Please therefore find enclosed a cheque made payable to ACPOHE for £455 as I am a member / £490 as I am not yet a member for 2010**

For further information please contact Nicky Hunter or Amanda Jones:

Email: Nicola.Hunter@rehabworks.co.uk / Amanda.jones@luht.scot.nhs.uk

Telephone: 01284 748285

Please send your application to: (0845 379 3039)

Suzanne Sleeman
c/o ACPOHE Intro to Occ Health Course
16 St Helens Place, London
EC3A 6DF

Further booking forms can be downloaded at - www.acpohe.org.uk/events.htm

Pre Course Reading:

European Guidelines
For Management Of Acute Low Back Pain
For Management Of Chronic Non Specific Low Back Pain
For Prevention Of Low Back Pain
www.backpaineurope.org

NICE guidelines for management of Low Back Pain 2009

Faculty of Occupational Medicine Guidelines For Management Of Low Back Pain
At Work www.facocmed.ac.uk

Upper Limb Disorders Guideline Consultation document 5th draft Occupational
Health Clinical Effectiveness Unit January 2008

A K Burton, N A S Kendall, B G Pearce L N Birrell, L C Bainbridge HSE RR 96
Management of upper limb disorders and the biopsychosocial model [http://
www.hse.gov.uk/research/rrpdf/rr596.pdf](http://www.hse.gov.uk/research/rrpdf/rr596.pdf)

Alan Breen Jennifer Langworthy Jeffrey Bagust Improved early pain manage-
ment for musculoskeletal disorders HSE RESEARCH REPORT 399 [http://
www.hse.gov.uk/research/rrpdf/rr399.pdf](http://www.hse.gov.uk/research/rrpdf/rr399.pdf)