



**The Association of
Chartered Physiotherapists
in Occupational Health
and Ergonomics**

**Introduction to
Applied Ergonomics**

2011

dates to be announced shortly

ACPOHE Courses



Introduction to Applied Ergonomics Dates to be announced

Course Aims

To enable physiotherapists to develop the ability to conduct a competent ergonomics risk assessment in the workplace, predominantly concentrating on physical factors. A number of ergonomics risk assessment tools will be taught. The delegate will be able to prepare a suitable report with recommendations to manage identified risk.

Course Objectives

On completion of this three day course, delegates will be able to:

- Demonstrate an understanding of the systems approach to Ergonomics
- Demonstrate an understanding of basic anthropometrics and its application within assessments
- Feel competent to identify physical ergonomic risk factors in the work setting
- Feel competent in making recommendations to reduce identified ergonomic risk
- Demonstrate an understanding of the basics behind human error
- Utilise ergonomics risk assessment tools
- Recommend equipment and tools taking into consideration ergonomic factors
- Undertake a job analysis
- Understand how to present a business case for an ergonomics intervention
- Prepare a clear and logical report of an ergonomics assessment and recommendations to reduce risk that also meets the needs of the business

Pre Course

Delegates should have a sound grasp of anatomy, work physiology, biomechanics and posture relative to ergonomics. Pre-course reading advice will be provided.

Presenters

Elaine Skilling is the Head of Physiotherapy and Ergonomics with Industrial and Organisational Health. She has an Honours Degree in Physiotherapy and MSc in Ergonomics and has been working in the fields of Occupational Health and Ergonomics for more than 10 years.

Jan Vickery has specialised in the fields of Occupational Health and Ergonomics for 13 years. She has a BSc in Physiotherapy and MSc in Health Ergonomics. Jan is a registered ergonomist. She is Director of Ergonomics at Milligan and Hill.

Both facilitators have extensive experience in their fields having worked in a variety of settings including manufacturing, retail, petro-chemical, utilities and local authorities.

Location: TBC

Cost: £375 for ACPOHE members & £410 for non members

BOOKING FORM

Introduction to Applied Ergonomics 2011 Dates TBC



Name (on delegate badge):

Place of Work (on delegate badge):

Mailing Address:

Email Address:

Contact Telephone Day:

Contact Telephone Evening:

- I am currently a member of ACPOHE - cost of course is £375.
- I am not currently a member of ACPOHE - cost for course is £410 but this includes ACPOHE membership for 2011.

NB: Please download a membership database questionnaire from the ACPOHE website — www.acpohe.org.uk, complete and send in with your course application. Once received you will be sent a membership card and given access to the private "MemberZone" of the ACPOHE website www.acpohe.org.uk

- I require information about accommodation close by the course venue.
 - I have special dietary requirements.
Please specify (e.g. vegetarian, vegan, gluten free)
-

- I will require other additional assistance.
Please specify (e.g. mobility, visual, auditory)
-

- Please therefore find enclosed a cheque made payable to ACPOHE for £375 as I am a member / £415 as I am not yet a member for 2011**

For further information please contact Elaine Skilling/Jan Vickery:

Email: elaine.skilling@ioh-uk.org.uk / jan.vickery@milligan-and-hill.co.uk
Telephone: 07824 449106 / 07050 289685

Please send your application to:

Suzanne Sleeman
c/o ACPOHE Applied Ergonomics Course
Milligan and Hill
16 St Helen's Place, London EC3A 6DF

Further booking forms can be downloaded at - w.acpohe.org.uk/events.htm