



**The Association of Chartered  
Physiotherapists in Occupational Health and  
Ergonomics**

**Annual Conference**

**6<sup>th</sup> & 7<sup>th</sup> May 2010**

**Fit to Work- Work to Fit**

**The Beardmore Hotel**

**Glasgow**

The Association of Chartered Physiotherapists in Occupational Health & Ergonomics (ACPOHE) Conference 2010 is expected to be one of our most exciting conferences yet.

Fit to Work- Work to Fit will look at all aspects of Occupational Physiotherapy providing two days packed with the latest news, speakers renowned for their expertise, case studies, workshops and as always the opportunity to meet other colleagues for informal discussion

We will have an exhibition of ergonomics equipment suppliers and other relevant stands.

## Presenters

### **Dr Steve Boorman**

#### **Fit to Work**

Steve is Director of Corporate Responsibility, and Chief Medical Adviser to Royal Mail Group NHS Workforce Health & well-being lead reviewer. Steve was appointed to lead the review of NHS workforce health and wellbeing in January 2009; this independent review published interim findings in August and reports its conclusions in November. Steve is an experienced consultant in occupational health. He manages a small team of specialists whose remit includes developing policy and approaches across areas of health, safety and environment within one of the UK's largest businesses, Royal Mail.

Steve holds honorary appointments as an honorary Senior Clinical Lecturer, with the Institute of Occupational Medicine, University of Birmingham and is a Past President of the Royal Society of Medicine's Section of Occupational Medicine. He is Chief Examiner to the Faculty of Occupational Medicine's, Diploma in Occupational Medicine examination, and a longstanding Appeal Board Referee appointed under The Merchant Shipping Regulations.

### **Professor Peter Buckle**

#### **Using the Quick Exposure Check (QEC) to address musculoskeletal disorders**

Professor Peter Buckle: Peter is Professor of Ergonomics at the University of Surrey in Guildford and Director of the Robens Institute of Ergonomics. He is a Fellow of the Ergonomics Society and a Registered European Ergonomist. His research includes systems design and patient safety, accident reporting and analysis, and the problem of musculoskeletal disorders and stress associated with work. He has published over 200 scientific papers and articles. He was the chairman of the Musculoskeletal Scientific Committee of the International Commission on Occupational Health (1996-2001) and currently sits on the National Patient Safety Agency project prioritisation panel. In 2001 he was awarded the Sir Frederic Bartlett medal for his research within the field of ergonomics.

### **Andrew Frank**

#### **Vocational Rehabilitation**

Andrew Frank was Consultant in Rehabilitation Medicine and Rheumatology to Northwick Park Hospital 1980-2009, and appointed Professor (Associate), School of Health Sciences and Social Care, Brunel University in 1997. He is currently Chair of the Vocational Rehabilitation Association and a Senior Independent Clinical Advisor to Kynixa Ltd.

## **Roger Kerry**

### **Whiplash Associated Disorder: Evidence Based Workshop**

Graduated from Pinderfields School of Physiotherapy and subsequently gained a Masters of Science degree in Manipulative Therapy (Coventry). He is a member of the MACP and a diplomate of the Cyriax Organisation. Before his current post as Associate Professor in Physiotherapy Education at Nottingham University, Roger worked as an extended scope practitioner in Orthopaedics. His clinical and research interest involve haemodynamics and vascular injury, manual therapy, clinical reasoning, and philosophy of health science. Roger lectures internationally and is a regular presenter at seminars and conferences on these subjects. He has numerous publications concerning various areas of physiotherapy practice.

## **John Ridd**

### **How to Avoid Litigation– An Ergonomics Approach**

John Ridd is an Ergonomist with over 35 years experience in ergonomics research and consultancy. Following an initial career with the Robens Institute at the University of Surrey, he now runs his own ergonomics consultancy business specialising in work related musculoskeletal disorders. He regularly teaches ergonomics on MSc courses at the University, and has worked on over 350 civil litigation cases since 1995.

## **Helen Lockett**

### **The management of mental health in the workplace – an introduction to the evidence base, policy and best practice**

Helen Lockett is the Associate Director of Employment at the Sainsbury Centre for Mental Health. Helen will provide an overview of current research, policy and best practice on mental health conditions and the workplace. After graduating from Cambridge, Helen pursued a career in the healthcare profession and has now been a leading figure in the mental health and employment field for the past 5 years. Helen leads on a number of the Sainsbury Centre's key projects – specifically the development and delivery of evidence-based training for managers and staff on how to identify the early signs and symptoms of mental distress in colleagues and people they manage.

## **John Rasmussen**

### **Biomechanics**

*sponsored by RH chairs*

University of Aalborg. Chairman of the board of the Center for Human Appliances and Technology. Chairman of the board of CHAT, <http://www.chat.aau.dk>

## **Plus**

- ❖ **Cognitive Assessment in the workplace**
- ❖ **Recommendations from a manual handling interventions**
- ❖ **Functional Capacity Evaluations: Guidance and Evidence-base.**
- ❖ **Interactive Case Studies**
- ❖ **How to measure for Seating**
- ❖ **Annual General Meeting**



## BOOKING FORM

Name (on delegate badge):

Place of Work (on delegate badge):

Mailing Address:

Telephone Day:

Evening:

Email Address:

**PLEASE NOTE:** A pack confirming receipt of your application will be sent to you by post. This will contain further information regarding the programme, hotel and conference venue. It is anticipated that any other communication necessary will be via email.

I wish to attend both days of the conference with dinner, bed and breakfast included

ACPOHE Member £350

Non Member £375

I wish to attend as a day delegate only on both days

ACPOHE Member £250

Non Member £275

I wish to attend as a single day delegate on

Thursday 6th May or Friday 7th May (delete whichever is appropriate)

ACPOHE Member £125

Non Member £140

I am not staying overnight but would like to attend the ACPOHE dinner for £35.00

I would like to become a member of ACPOHE for 2010 for £35 and therefore pay member rates for the conference.

I have special / dietary requirements. Please specify (e.g. vegetarian, vegan, gluten free)

I will require other additional assistance. Please specify (e.g. mobility, visual, auditory)

I therefore enclose a cheque (made payable to ACPOHE) for: TOTAL £ \_\_\_\_\_

Please send your application to:

Jude Jones , c/o ACPOHE Conference 2010, 50, Maple Drive, Nuthall, Nottingham, NG16 1EJ

For further information please contact: [jude.jones@copeohs.com](mailto:jude.jones@copeohs.com) or Tel: 07985 773866