



**The Association of
Chartered Physiotherapists
in Occupational Health
and Ergonomics**

**Introduction to Functional
Measurement and Fitness
for Work Assessment**

**Bury Physio Clinic, Maynewater
Lane, Bury St Edmunds, Suffolk
IP33 2AB**

25 -27 November 2010

ACPOHE Courses

Introduction to Functional Measurement and Fitness for Work Assessment

25 – 27 November 2010



Course Aims

This course aims to develop participant's knowledge of, and basic skills in using, a range of functional measures that can form part of Fitness for Work Assessments, in conjunction with clinical examinations to support decision making. The scope and limitations of physiotherapy practice in the assessment of Fitness for Work will be discussed. The sources and circumstances of work fitness referrals will be explained and the rationale for Functional Measurements test selection will be discussed. Students will learn about a selection of commonly used measures that are available for use in occupational health and vocational rehabilitation to assess job related functional performance including the reliability, safety, sensitivity, validity and specificity of such tools. Students will carry out a range of functional tests and interpret the test results. Issues related to Fitness for Work recommendations and report writing will be discussed and case studies used to consolidate learning.

Course Objectives

On completion of this 3 day course participants will be able to:

- Discuss the principles of assessing fitness to work and in particular the scope and limitations of physiotherapy practice in this field of work.
- Select an appropriate range of functional measures in relation to physical job demands in an occupational setting.
- Critically analyse the properties of the selected functional and psychosocial outcome measures in terms of safety, validity, reliability, sensitivity and specificity.
- Design an appropriate form to obtain an individual's informed consent prior to undertaking a functional measurement/fitness for work assessment.
- Discuss the principles of selecting and interpreting functional measures to assess physical fitness for work in an individual with a musculoskeletal disorder.
- Select and apply an appropriate range of questionnaires and outcome measures that can be used to highlight the presence of psychosocial risk factors that may become obstacles to recovery.

Please note that this course is not based on any specific commercial FCE system or protocol.

Pre Course

Pre-course preparation/literature search is required. Participants will be notified of a particular topic to research prior to attending. A course reading list will be provided.

Presenters

Tim Wright BSc (Physio) MCSP HPC MBA is co-director of Form Health, one of the leading FCE providers in the UK, who currently provide an array of vocational evaluation services namely Functional Capacity Evaluations, Job Demands Analysis and Ergonomic Assessments for the insurance and medico-legal sectors. Tim has undertaken more than 300 FCE's throughout the UK and Ireland.

Catherine Burke BSc MCSP Adv Cert OH has worked in Occupational Health since 1991. Her clinical work focuses on Fitness for Work Assessments and vocational rehabilitation planning. She manages the musculoskeletal service for a large police service and has worked with various other employers through her own business Physio Workwise.

Location: Bury Physio Clinic, Maynewater Lane, Bury St Edmunds, Suffolk, IP33 2AB

Cost: £365 for ACPOHE members & £400 for non members

Closing Date: 13 October 2010

BOOKING FORM

Introduction to Functional Measurement and Fitness for Work Assessment 25 – 27 November 2010



Name (on delegate badge):

Place of Work (on delegate badge):

Mailing Address:

Email Address:

Contact Telephone Day:

Contact Telephone Evening:

- I am currently a member of ACPOHE - cost of course is £365.
- I am not currently a member of ACPOHE - cost for course is £400 but this includes ACPOHE membership for 2010 .
NB: Please download a membership database questionnaire from the ACPOHE website — www.acpohe.org.uk, complete and send in with your course application. Once received you will be sent a membership card and given access to the private "MemberZone" of the ACPOHE website www.acpohe.org.uk

- I require information about accommodation close by the course venue.
- I have special dietary requirements.
Please specify (e.g. vegetarian, vegan, gluten free)

-
- I will require other additional assistance.
Please specify (e.g. mobility, visual, auditory)

-
- Please therefore find enclosed a cheque made payable to ACPOHE for £365 as I am a member / £400 as I am not yet a member for 2010**

For further information please contact Catherine Burke / Tim Wright:

Email: info@physioworkwise.com / timwright@formhealth.com

Telephone: 07742 190797 (Catherine) / 07970 708614 (Tim)

Please send your application to:

Suzanne Sleeman
c/o ACPOHE Functional Measurement/Fitness for Work course
16 St Helens Place
London
EC3A 6DF

Further booking forms can be downloaded at - www.acpohe.org.uk/events.htm

**NB. DO NOT BOOK TRAVEL OR ACCOMMODATION UNTIL YOU HAVE
CONFIRMATION OF YOUR BOOKING**